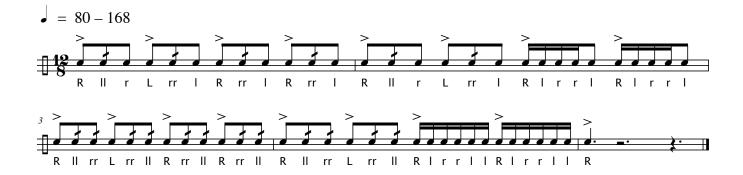
## **Check Yo'self**

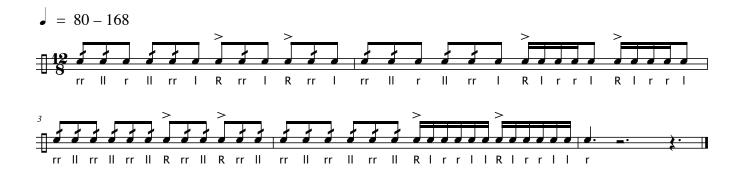
M. Lemieux

This exercise uses simple diddle figures to prepare your ears to listen for inconsistencies in paradiddles and paradiddle-diddles. The tap drags and tap-fives should establish how your paradiddle-paradiddle-diddle breakdowns should sound before you add the non-lead hand taps that create the true rudiment. Listen to be sure that the different stickings do not change how anything *sounds*. In other words: check yourself.



## **Variation**

This variation extends the exercise to applications with rolls into paradiddle-diddles: i.e., contexts where inconsistencies in doublestroke fundamentals will really expose themselves. For further study, play the whole exercise at a single dynamic (no accents) and listen for a solid, monotone rhythm across all the different stickings.





For more great ways to get better, check out **Quality Control for Rudimental Drummers**, available from www.fatmattdrums.com

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